



KNOWLEDGE – EQUALITY – DETERMINATION – ACHIEVEMENT

# **Oakwood Nursery Sleep Policy**

Policy Adopted for:	Oakwood Primary Academy
Date of this Policy:	January 2026
Policy review date:	January 2027

Oakwood Nursery follows guidance from the Department of Health and the Foundation for the Study of Infant Deaths (FSID) to ensure children sleep safely and comfortably.

Children aged 2 years and above may use a sleep mat, basket or travel cot, depending on their individual needs. All sleep equipment and bedding are cleaned after each use.

Children are placed to sleep on their backs unless an alternative position has been agreed in writing with parents/carers. Sleep areas are always kept clear of loose items.

Children will only sleep if they naturally fall asleep or if a parent/carer has requested that their child sleeps at nursery. Children are never forced to sleep.

Sleeping children are remain within sight and hearing of staff and are checked every 10 minutes. Sleep times are recorded and shared with parents via Tapestry.

### **Child Details**

Child's Name: \_\_\_\_\_

Room: \_\_\_\_\_

### **Sleep Agreement**

I request that my child is supported to sleep at nursery

Preferred length of sleep (if known):

Any medical needs, SEND requirements or professional advice relating to sleep:

Parent / Carer Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **EYFS Reference:**

This practice supports the Early Years Foundation Stage (EYFS) Statutory Framework, Section 3 – Safeguarding and Welfare Requirements: Health, Safety and Suitable Premises.