

# Physical Education at Oakwood



## Curriculum Materials:

Our curriculum is based upon  
:  
The Aurora PE curriculum



## Curriculum Time:

We dedicate approximately 1 hour per week to PE lessons and enrich our pupils physical development through our OPAL offer.

## PE Overview

Physical Education is delivered by a specialist PE teacher. Lessons occur weekly, making use of our two indoor hall spaces and our extensive outside space. The curriculum is designed to develop knowledge and skills which are progressive and transferrable. In addition, a range of after school sports are offered with the aim of fostering a positive competitive attitude amongst our pupils in which personal improvement and excellence is promoted. Sports days are held in terms 5 or 6 to give children the opportunity to participate competitively in an inclusive, welcoming environment.

